

HOW TO WORSHIP

So whether you eat or drink or whatever you do, do it all for the glory of God. | 1 Corinthians 10:31

While it includes music and singing, true biblical worship is far more than music and singing. Worship begins with the awareness of God's greatness. That it is followed by your response: reorienting yourself under Him in joy.

A couple of examples of worship in the Bible are:

- Isaiah in the Temple (Isaiah 6)
- Peter and Jesus (Luke 5:1-11)

Notice the common themes. First, awareness of God's greatness. Then, both Isaiah and Peter submitted themselves to God's will. That's worship.

Historically, most Christians have worshiped through three primary methods: prayer, the Bible, and remembering God's character and deeds (story-telling and songs).

Below are a few thoughts that you might find helpful in developing your own personal times of worship.

1 | BEGIN WITH TRUTH ABOUT GOD FROM THE BIBLE

Continue reading wherever you currently are in your Bible reading plan. Ask this key question: how does this reveal God's character? Then, focus in on God or one of His attributes. Think about what it means for God to be _____.

2 | EXPRESS YOUR PRAISE

Tell God what you think about the reality that He is _____. Take time to praise Him for how He has expressed His character or that specific attribute in other places in the bible. Praise Him for how you have experienced Him in your own life.

You could express your praise to God verbally by speaking out loud. You could sing a hymn or song that focuses on the character attribute you're focused on. You could write down your praise in a notebook. You could paint/draw, play an instrument, etc. You are only limited by your own imagination in praising God.

3 | TAKE TIME TO FEEL THE HOLY SPIRIT'S PRESENCE AND JOY

Worship is a time of joy. It's a time of gladness. Let the Spirit overwhelm you with His fruit: love, joy, peace, patience, kindness, goodness, gentleness, faithfulness, and self control. Worship is your opportunity to step in your created purpose and enjoy being with God.

4 | RESPOND WITH SURRENDER AND OBEDIENCE

This is where worship finds its fulfillment. Now, by faith in Christ's character and work, what is God inviting you to do? Forgive? Serve? Invite a neighbor to begin a friendship? Show kindness to a co-worker? Worship leads to trusting God in practical ways.

As you grow as a worshiper in your personal life, you will find that worshiping with the church family on Sundays will become even more deep and rich.

Shout for joy to the Lord, all the earth! | Psalm 100:1